

The Abundance Café at Monsignor Slade Catholic School



Lunch Menu Week of March 2, 2020

A la Carte Daily Offerings

Items containing meat will not be offered on Fridays.

Hot Entrées - Prices Below

Daily Special - Entrée Only \$3.75
(Unless otherwise noted.)

Chicken Breast Nuggets

5 for \$2.50 ♦ 8 for \$3.25

Chicken Tenders (2) \$2.75

Sandwiches & Wraps*

Half \$3.00 ♦ Whole \$3.75

Turkey & Provolone Wrap

Buffalo Chicken Wrap

Chicken Caesar Wrap

Chicken Salad Sub

Italian Cold Cut & Provolone Sub

Entrée Salads* \$4.50

Chicken Caesar Salad

BBQ Ranch Chicken Salad

Sides* - Prices Below

Soft Pretzel w/Cheese Dip \$2.75

Fries/Tots/Wedges \$2.25 (1 cup)

Daily Special - Side Only \$.95

(Unless otherwise noted.)

Garden or Fruit Salad \$1.75

Fresh or Prepared Fruit \$0.95

String Cheese Stick \$0.75

Strawberry or Straw/Banana Yogurt \$1.00

Cookie \$.85 ♦ Choc Chip Brownie \$1.50

Ice Cream Bars/Cups \$1.00 ♦ Sandwiches \$1.75

Drinks \$0.95

2% White Milk - 8 oz carton

1% Chocolate Milk - 8 oz carton

Water - 8 oz bottle

Lemonade - 8 oz carton

* Variety offered will vary daily. It's recommended you order online if a particular wrap, sandwich, entrée salad, or side dish is desired.

\$5.50 Meal Specials

Monday

Buffalo or BBQ Chicken Bites

A La Carte: 5 for \$2.75 ♦ 8 for \$3.75

French Fries (1/2 cup)

Mandarin Oranges

Choice of Drink

Tuesday

Meatball Sub

Tater Tots (1/2 cup)

Apple Slices

Choice of Drink

Wednesday

Walking Taco

A La Carte \$4.00

Toppings Bar

Sliced Peaches

Choice of Drink

Pizza Thursday

Pepperoni or Cheese Pizza (1 slice)

A La Carte Cheese Pizza: 1 for \$2.00 ♦ 2 for \$3.50

A La Carte Pepperoni Pizza: 1 for \$2.25 ♦ 2 for \$4.00

French Fries (1/2 cup)

Pineapple Chunks

Choice of Drink

Friday

Cheese Tortellini in Marinara Sauce

Garlic Toast

Steamed Broccoli

Choice of Drink

The Abundance Café at Monsignor Slade Catholic School



Lunch Menu

Week of March 9, 2020

A la Carte Daily Offerings

Items containing meat will not be offered on Fridays.

Hot Entrées - Prices Below

Daily Special - Entrée Only \$3.75
(Unless otherwise noted.)

Chicken Breast Nuggets

5 for \$2.50 ♦ 8 for \$3.25

Chicken Tenders (2) \$2.75

Sandwiches & Wraps*

Half \$3.00 ♦ Whole \$3.75

Turkey & Provolone Wrap

Buffalo Chicken Wrap

Chicken Caesar Wrap

Chicken Salad Sub

Italian Cold Cut & Provolone Sub

Entrée Salads* \$4.50

Chicken Caesar Salad

BBQ Ranch Chicken Salad

Sides* - Prices Below

Soft Pretzel w/Cheese Dip \$2.75

Fries/Tots/Wedges \$2.25 (1 cup)

Daily Special - Side Only \$.95
(Unless otherwise noted.)

Garden or Fruit Salad \$1.75

Fresh or Prepared Fruit \$.095

String Cheese Stick \$0.75

Strawberry or Straw/Banana Yogurt \$1.00

Cookie \$.85 ♦ Choc Chip Brownie \$1.50

Ice Cream Bars/Cups \$1.00 ♦ Sandwiches \$1.75

Drinks \$0.95

2% White Milk - 8 oz carton

1% Chocolate Milk - 8 oz carton

Water - 8 oz bottle

Lemonade - 8 oz carton

* Variety offered will vary daily. It's recommended you order online if a particular wrap, sandwich, entrée salad, or side dish is desired.

\$5.50 Meal Specials

Monday - Breakfast for Lunch

French Toast Sticks (5)

A La Carte \$2.75

Sausage Link

Hash Brown Patty

Choice of Drink

Tuesday

All Beef Hot Dog

A La Carte \$2.75

Macaroni & Cheese

A La Carte: 1/2 cup \$1.75 ♦ 1 cup \$2.50

Orange Wedges

Choice of Drink

Wednesday

EARLY DISMISSAL

NO LUNCH

Pizza Thursday

Pepperoni or Cheese Pizza (1 slice)

A La Carte Cheese Pizza: 1 for \$2.00 ♦ 2 for \$3.50

A La Carte Pepperoni Pizza: 1 for \$2.25 ♦ 2 for \$4.00

French Fries (1/2 cup)

Pineapple Chunks

Choice of Drink

Friday

Penne in Alfredo Sauce

Gluten-free Penne available with online order.

Garlic Toast

A La Carte \$1.00

Steamed Broccoli

Choice of Drink

The Abundance Café at Monsignor Slade Catholic School



Lunch Menu

Week of March 16, 2020

A la Carte Daily Offerings

Items containing meat will not be offered on Fridays.

Hot Entrées - Prices Below

Daily Special - Entrée Only \$3.75
(Unless otherwise noted.)

Chicken Breast Nuggets

5 for \$2.50 ♦ 8 for \$3.25

Chicken Tenders (2) \$2.75

Sandwiches & Wraps*

Half \$3.00 ♦ Whole \$3.75

Turkey & Provolone Wrap

Buffalo Chicken Wrap

Chicken Caesar Wrap

Chicken Salad Sub

Italian Cold Cut & Provolone Sub

Entrée Salads* \$4.50

Chicken Caesar Salad

BBQ Ranch Chicken Salad

Sides* - Prices Below

Soft Pretzel w/Cheese Dip \$2.75

Fries/Tots/Wedges \$2.25 (1 cup)

Daily Special - Side Only \$.95

(Unless otherwise noted.)

Garden or Fruit Salad \$1.75

Fresh or Prepared Fruit \$0.95

String Cheese Stick \$0.75

Strawberry or Straw/Banana Yogurt \$1.00

Cookie \$0.85 ♦ Choc Chip Brownie \$1.50

Ice Cream Bars/Cups \$1.00 ♦ Sandwiches \$1.75

Drinks \$0.95

2% White Milk - 8 oz carton

1% Chocolate Milk - 8 oz carton

Water - 8 oz bottle

Lemonade - 8 oz carton

* Variety offered will vary daily. It's recommended you order online if a particular wrap, sandwich, entrée salad, or side dish is desired.

\$5.50 Meal Specials

Monday

Hamburger, Cheeseburger, or

Black Bean Burger on Bun

Gluten-free bun available with online order.

French Fries (1/2 cup)

Apple Slices

Choice of Drink

Tuesday

Fajita-Seasoned Grilled Chicken Strips

Salsa Rice

A La Carte \$1.75

Clementine

Choice of Drink

Wednesday

"ABUNDANCE BOWL"

Mashed Potatoes topped with

Chicken Nuggets, Corn & Gravy

A La Carte \$4.75

Orange Wedges

Choice of Drink

Pizza Thursday

Pepperoni or Cheese Pizza (1 slice)

A La Carte Cheese Pizza: 1 for \$2.00 ♦ 2 for \$3.50

A La Carte Pepperoni Pizza: 1 for \$2.25 ♦ 2 for \$4.00

French Fries (1/2 cup)

Pineapple Chunks

Choice of Drink

Friday

Pancakes (2)

A La Carte \$2.75

Hash Brown Patty

Sliced Peaches

Choice of Drink

The Abundance Café at Monsignor Slade Catholic School



Lunch Menu Week of March 23, 2020

A la Carte Daily Offerings

Items containing meat will not be offered on Fridays.

Hot Entrées - Prices Below

Daily Special - Entrée Only \$3.75
(Unless otherwise noted.)

Chicken Breast Nuggets
5 for \$2.50 ♦ 8 for \$3.25

Chicken Tenders (2) \$2.75

Sandwiches & Wraps*

Half \$3.00 ♦ Whole \$3.75

Turkey & Provolone Wrap

Buffalo Chicken Wrap

Chicken Caesar Wrap

Chicken Salad Sub

Italian Cold Cut & Provolone Sub

Entrée Salads* \$4.50

Chicken Caesar Salad

BBQ Ranch Chicken Salad

Sides* - Prices Below

Soft Pretzel w/Cheese Dip \$2.75

Fries/Tots/Wedges \$2.25 (1 cup)

Daily Special - Side Only \$.95
(Unless otherwise noted.)

Garden or Fruit Salad \$1.75

Fresh or Prepared Fruit \$.95

String Cheese Stick \$.75

Strawberry or Straw/Banana Yogurt \$1.00

Cookie \$.85 ♦ Choc Chip Brownie \$1.50

Ice Cream Bars/Cups \$1.00 ♦ Sandwiches \$1.75

Drinks \$0.95

2% White Milk - 8 oz carton

1% Chocolate Milk - 8 oz carton

Water - 8 oz bottle

Lemonade - 8 oz carton

* Variety offered will vary daily. It's recommended you order online if a particular wrap, sandwich, entrée salad, or side dish is desired.

\$5.50 Meal Specials

Monday

Sloppy Joe's on Bun

Gluten-free Bun available with online order.

French Fries (1/2 cup)

Apple Slices

Choice of Drink

Tuesday

Penne & Meatballs in Marinara Sauce

Gluten-free Penne available with online order.

Garlic Toast

A La Carte \$1.00

Steamed Broccoli

Choice of Drink

Wednesday

General Tso's Chicken

Steamed White Rice

Sliced Peaches

Choice of Drink

Thursday

Pepperoni or Cheese Pizza (1 slice)

A La Carte Cheese Pizza: 1 for \$2.00 ♦ 2 for \$3.50

A La Carte Pepperoni Pizza: 1 for \$2.25 ♦ 2 for \$4.00

French Fries (1/2 cup)

Pineapple Chunks

Choice of Drink

Friday

Black Bean & Cheese OR

Plain Cheese Soft Tacos (2)

A La Carte: 1 for \$2.75 ♦ 2 for \$3.75

Salsa Rice

A La Carte \$1.75

Orange Wedges

Choice of Drink

The Abundance Café at Monsignor Slade Catholic School



Lunch Menu Week of March 30, 2020

A la Carte Daily Offerings

Items containing meat will not be offered on Fridays.

Hot Entrées - Prices Below

Daily Special - Entrée Only \$3.75
(Unless otherwise noted.)

Chicken Breast Nuggets

5 for \$2.50 ♦ 8 for \$3.25

Chicken Tenders (2) \$2.75

Sandwiches & Wraps*

Half \$3.00 ♦ Whole \$3.75

Turkey & Provolone Wrap

Buffalo Chicken Wrap

Chicken Caesar Wrap

Chicken Salad Sub

Italian Cold Cut & Provolone Sub

Entrée Salads* \$4.50

Chicken Caesar Salad

BBQ Ranch Chicken Salad

Sides* - Prices Below

Soft Pretzel w/Cheese Dip \$2.75

Fries/Tots/Wedges \$2.25 (1 cup)

Daily Special - Side Only \$.95
(Unless otherwise noted.)

Garden or Fruit Salad \$1.75

Fresh or Prepared Fruit \$0.95

String Cheese Stick \$0.75

Strawberry or Straw/Banana Yogurt \$1.00

Cookie \$.85 ♦ Choc Chip Brownie \$1.50

Ice Cream Bars/Cups \$1.00 ♦ Sandwiches \$1.75

Drinks \$0.95

2% White Milk - 8 oz carton

1% Chocolate Milk - 8 oz carton

Water - 8 oz bottle

Lemonade - 8 oz carton

* Variety offered will vary daily. It's recommended you order online if a particular wrap, sandwich, entrée salad, or side dish is desired.

\$5.50 Meal Specials

Monday

Buffalo or BBQ Chicken Bites

A La Carte: 5 for \$2.75 ♦ 8 for \$3.75

French Fries (1/2 cup)

Mandarin Oranges

Choice of Drink

Tuesday

Meatball Sub

Tater Tots (1/2 cup)

Apple Slices

Choice of Drink

Wednesday

Walking Taco

A La Carte \$4.00

Toppings Bar

Sliced Peaches

Choice of Drink

Pizza Thursday

Pepperoni or Cheese Pizza (1 slice)

A La Carte Cheese Pizza: 1 for \$2.00 ♦ 2 for \$3.50

A La Carte Pepperoni Pizza: 1 for \$2.25 ♦ 2 for \$4.00

French Fries (1/2 cup)

Pineapple Chunks

Choice of Drink

Friday

Cheese Tortellini in Marinara Sauce

Garlic Toast

Steamed Broccoli

Choice of Drink