

Your Kindness Matters!
Complete as many acts of kindness
as you can in one week. Have Fun!

Kindly presented by:



Delivering Joy to Children in Need

Kind Acts

Invite a new friend to play.



☐ Give your friend a High Five.



Decorate 5 hearts and give them to friends.



☐ Help someone up if they fall down. ←



☐ Smile at 25 people.



Compliment 5 people.



Entertain someone with a happy dance.



□ Thank someone who has helped you.



☐ Make a wish for a child in another country.



Be kind to yourself and eat a healthy snack.



Lend a pencil to a friend.



☐ Create your own kind deed.





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