

The Abundance Café at Monsignor Slade Catholic School



Lunch Menu

Week of April 1, 2019

A la Carte Daily Offerings

Hot Entrées* - Prices Below

Daily Special - Entrée Only \$3.50
(Unless otherwise noted.)

Chicken Breast Nuggets

5 for \$2.25 ♦ 8 for \$3.00

Chicken Tenders (2) \$2.50

Sandwiches & Wraps*

Half \$2.75 ♦ Whole \$3.50

Turkey & Provolone Wrap

Buffalo Chicken Wrap

Italian Cold Cut & Provolone Sub

Chicken Salad on White or Whole Wheat

Tuna Salad on White or Whole Wheat

Entrée Salads* \$4.00

Chicken Caesar Salad

BBQ Ranch Chicken Salad

Sides - Prices Below

Soft Pretzel w/Cheese Dip \$2.75

Fries/Tots/Wedges \$2.00 (1 cup)

Daily Special - Side Only \$.85

(Unless otherwise noted.)

Garden or Fruit Salad \$1.75

Seasonal Whole Fruit \$.85

String Cheese Stick \$.75

Strawberry or Straw/Banana Yogurt \$.85

Cookie \$.75

Brownie \$1.00

Drinks \$0.85

2% White Milk - 8 oz carton

1% Chocolate Milk - 8 oz carton

Water - 8 oz bottle

Lemonade - 8 oz carton

\$5.00 Meal Specials

Monday

Pancakes (2)

A La Carte \$2.75

Hash Brown Patty

Sausage Link

Choice of Drink

Tuesday

Meatballs in Gravy (8)

A La Carte: 5 for \$2.75 ♦ 8 for \$3.50

Parmesan Noodles

A La Carte: 1/2 cup \$1.25 ♦ 1 cup \$2.00

Steamed Green Beans

Choice of Drink

Wednesday

"ABUNDANCE BOWL"

Mashed Potatoes topped with

Chicken Nuggets, Corn & Gravy

A La Carte \$4.00

Apple Slices

Choice of Drink

Pizza Thursday

Pepperoni or Cheese Pizza (1 slice)

A La Carte: 1 for \$2.00 ♦ 2 for \$3.50

French Fries (1/2 cup)

Pineapple Chunks

Choice of Drink

Friday

Cheese Tortellini in Marinara Sauce

Garlic Toast

Sliced Peaches

Choice of Drink

* Variety offered will vary daily. It's recommended you order online if a particular item is desired.

Please note that during Lent (March 6 - April 21), items containing meat will not be offered.

The Abundance Café at Monsignor Slade Catholic School



Lunch Menu

Week of April 8, 2019

A la Carte Daily Offerings

Hot Entrées* - Prices Below

Daily Special - Entrée Only \$3.50
(Unless otherwise noted.)

Chicken Breast Nuggets

5 for \$2.25 ♦ 8 for \$3.00

Chicken Tenders (2) \$2.50

Sandwiches & Wraps*

Half \$2.75 ♦ Whole \$3.50

Turkey & Provolone Wrap

Buffalo Chicken Wrap

Italian Cold Cut & Provolone Sub

Chicken Salad on White or Whole Wheat

Tuna Salad on White or Whole Wheat

Entrée Salads* \$4.00

Chicken Caesar Salad

BBQ Ranch Chicken Salad

Sides* - Prices Below

Soft Pretzel w/Cheese Dip \$2.75

Fries/Tots/Wedges \$2.00 (1 cup)

Daily Special - Side Only \$.85
(Unless otherwise noted.)

Garden or Fruit Salad \$1.75

Seasonal Whole Fruit \$0.85

String Cheese Stick \$0.75

Strawberry or Straw/Banana Yogurt \$0.85

Cookie \$0.75

Brownie \$1.00

Drinks \$0.85

2% White Milk - 8 oz carton

1% Chocolate Milk - 8 oz carton

Water - 8 oz bottle

Lemonade - 8 oz carton

\$5.00 Meal Specials

Monday

Buffalo or BBQ Chicken Bites

A La Carte: 5 for \$2.75 ♦ 8 for \$3.50

French Fries (1/2 cup)

Mandarin Oranges

Choice of Drink

Tuesday

Corn Dog Nuggets (8)

Baby Carrots w/Ranch Dip

A La Carte \$1.50

French Fries (1/2 cup)

Choice of Drink

Wednesday

Meatball Sub

French Fries (1/2 cup)

Apple Slices

Choice of Drink

Pizza Thursday

Pepperoni or Cheese Pizza (1 slice)

A La Carte: 1 for \$2.00 ♦ 2 for \$3.50

French Fries (1/2 cup)

Pineapple Chunks

Choice of Drink

Friday

Cheese Soft Tacos (2)

A La Carte: 1 for \$2.25 ♦ 2 for \$3.00

Salsa Rice

A La Carte \$1.50

Clementine

Choice of Drink

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The Abundance Café at Monsignor Slade Catholic School



Lunch Menu

Week of April 15, 2019

A la Carte Daily Offerings

Hot Entrées* - Prices Below

Daily Special - Entrée Only \$3.50
(Unless otherwise noted.)

Chicken Breast Nuggets

5 for \$2.25 ♦ 8 for \$3.00

Chicken Tenders (2) \$2.50

Sandwiches & Wraps*

Half \$2.75 ♦ Whole \$3.50

Turkey & Provolone Wrap

Buffalo Chicken Wrap

Italian Cold Cut & Provolone Sub

Chicken Salad on White or Whole Wheat

Tuna Salad on White or Whole Wheat

Entrée Salads* \$4.00

Chicken Caesar Salad

BBQ Ranch Chicken Salad

Sides* - Prices Below

Soft Pretzel w/Cheese Dip \$2.75

Fries/Tots/Wedges \$2.00 (1 cup)

Daily Special - Side Only \$.85

(Unless otherwise noted.)

Garden or Fruit Salad \$1.75

Seasonal Whole Fruit \$0.85

String Cheese Stick \$0.75

Strawberry or Straw/Banana Yogurt \$0.85

Cookie \$0.75

Brownie \$1.00

Drinks \$0.85

2% White Milk - 8 oz carton

1% Chocolate Milk - 8 oz carton

Water - 8 oz bottle

Lemonade - 8 oz carton

\$5.00 Meal Specials

Monday

All Beef Hot Dog

A La Carte \$2.75

Macaroni & Cheese

A La Carte: 1/2 cup \$1.25 ♦ 1 cup \$2.00

Orange Wedges

Choice of Drink

Tuesday

Penne* & Meatballs in Marinara Sauce

Garlic Toast

Steamed Green Beans

Choice of Drink

* Gluten-free Penne available with online order.

Wednesday

Chicken Sliders (2)

A La Carte: 1 for \$2.75 ♦ 2 for \$3.50

French Fries (1/2 cup)

Orange Wedges

Choice of Drink

Holy Thursday

EARLY DISMISSAL - NO LUNCH

Good Friday

SCHOOL CLOSED

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The Abundance Café at Monsignor Slade Catholic School



Lunch Menu

Week of April 29, 2019

A la Carte Daily Offerings

Hot Entrées* - Prices Below

Daily Special - Entrée Only \$3.50
(Unless otherwise noted.)

Chicken Breast Nuggets
5 for \$2.25 ♦ 8 for \$3.00
Chicken Tenders (2) \$2.50

Sandwiches & Wraps*

Half \$2.75 ♦ Whole \$3.50
Turkey & Provolone Wrap
Buffalo Chicken Wrap
Italian Cold Cut & Provolone Sub
Chicken Salad on White or Whole Wheat
Tuna Salad on White or Whole Wheat

Entrée Salads* \$4.00

Chicken Caesar Salad
BBQ Ranch Chicken Salad

Sides* - Prices Below

Soft Pretzel w/Cheese Dip \$2.75
Fries/Tots/Wedges \$2.00 (1 cup)
Daily Special - Side Only \$.85
(Unless otherwise noted.)
Garden or Fruit Salad \$1.75
Seasonal Whole Fruit \$.85
String Cheese Stick \$.75
Strawberry or Straw/Banana Yogurt \$.85
Cookie \$.75
Brownie \$1.00

Drinks \$0.85

2% White Milk - 8 oz carton
1% Chocolate Milk - 8 oz carton
Water - 8 oz bottle
Lemonade - 8 oz carton

\$5.00 Meal Specials

Monday

Buffalo or BBQ Chicken Bites
A La Carte: 5 for \$2.75 ♦ 8 for \$3.50
French Fries (1/2 cup)
Mandarin Oranges
Choice of Drink

Tuesday

Hamburger or Cheeseburger*
Tater Tots (1/2 cup)
Apple Slices
Choice of Drink

* Gluten-free bun available with online order.

Wednesday

Chicken Sliders (2)
A La Carte: 1 for \$2.75 ♦ 2 for \$3.50
French Fries (1/2 cup)
Orange Wedges
Choice of Drink

Pizza Thursday

Pepperoni or Cheese Pizza (1 slice)
A La Carte: 1 for \$2.00 ♦ 2 for \$3.50
French Fries (1/2 cup)
Pineapple Chunks
Choice of Drink

Friday

Chicken Penne* Alfredo
Steamed Broccoli
Garlic Toast
Choice of Drink

* Gluten-free available with online order.

* Variety offered will vary daily. It's recommended you order online if a particular item is desired.

Please note that during Lent (March 6 - April 21), items containing meat will not be offered.